

Brainstorming Help

Areas to Consider

- Physical challenges – Do you know someone with a physical challenge? What can you do to improve their quality of life?
- World events, state events, local events – What can you do to improve the world around you?
- Your car, house, personal possessions – What problems do you observe?
- Global issues (e.g., renewable energy, lack of clean water, world hunger, poor health care) – What are the current issues? What is working well and what needs to be addressed?
- Your day at school – What problems do you observe (e.g., cafeteria efficiency, textbook distribution, access to technology, access to outdoor space, safety, physical building inefficiency, etc.) ?
- Extracurricular activities – How do you spend your free time? What would make your participation in hobbies, clubs, and/or sports teams more enjoyable or easier?
- Indoor and outdoor activities – How can you improve a necessary or leisure activity (e.g., brushing your teeth, preparing a meal, playing video/board games, studying, cleaning your room, gardening, mowing the lawn, cleaning gutters, storing unused belongings, etc.)?
- Your part-time job – How could you make it better or easier to perform?
- Seasonal activities – What problems do you observe during different seasons?
- A better world – What can be done to make the world a better place?
- Career plans – What is your favorite subject? What do you want to study in college? What are some of the current problems being addressed in this field?
- Safety – What can be made safer?
- Cost – What is too expensive?
- Your household chores – What chores do you do around home? What would make them easier or less time consuming?

Complete These Thoughts

- Don't you hate it when . . .
- I wish I had . . .
- Life would be better if . . .